



NADY NEWS

Nipissing Association for Disabled Youth

NIPISSING TRACKERS—DOWNHILL SKI PROGRAM SEES BIG INCREASE IN DEMAND

NADY purchased a new Bi-Ski for the Nipissing Trackers, a downhill ski program for youth with special needs located at Laurentian Ski Hill.

There has been a huge growth in demand for this program. This winter there were 28 participants and 22 volunteers!

This program provides children and youth with disabilities the opportunity to develop the skills necessary to ski independently with or without adaptive equipment. Not everyone will reach this stage but with trained instructors, they can continue to have fun.

Some families that have



benefitted from this program as well. By learning to ski themselves, they have been able to take their children independently to enjoy this great sport.

There is nothing like getting out in the fresh winter air and experiencing the thrill of the hill!

This can only be made possi-

ble through community support, a large group of volunteers lead by Rick Taylor and the generosity of Laurentian Ski Hill. Pictured above are Frank Forest, who has been with this program from its inception and Dillon Anderson who just started skiing this year.

If you would like more information about the downhill ski program, contact Daniel Pike at 705.478.8632



NADY president Dooley Ricci and secretary, Lucie Ricci give the bi-skis a test ride.



A great group of volunteers and lucky participants.

March 2011

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Easter Weekend is April 24th. From everyone at NADY have a great Easter with your family and friends!



“Smile when you want to, cry when you need to, laugh whenever possible!” - the wrapper of my Dove Chocolate

“Go as far as you can see; when you get there, you’ll be able to see further.” - Thomas Carlyle

“If you think you can or you thank you can’t, either way, you’ll be right.” - Henry Ford

“We worry what a child will become tomorrow, yet we forget that he is someone today.” - Stacia Tauscher

CANADIANS NOT FAMILIAR WITH DISABILITY SAVINGS

Only 10% of Canadians who have a disability or a family member who is disabled are knowledgeable about registered disability savings plans, and almost half have never heard of them, a survey by BMO found.

Only 5% of Canadians with disabilities hold a plan, the poll found. Only 6% who have heard of the plans know that contributions are tax-deductible.

RDSP’s were introduced by the government two years ago to provide tax-sheltered investments for people with disabilities. Any Canadian under 60 with a disability is able to apply, and a total of \$200,000 can be contributed over the life of the plan.

“The survey results clearly demonstrate that Canadians with disabilities are not aware of the assistance and financial relief available

through RDSPs,” said David Sharone, product manager of registered plans and solutions. “We want to let them know that this program can be extremely helpful in providing critical financial support for those with disabilities.”

NADY VAN POLICIES

Did you know that the following policies apply to use of the NADY van?

All users and their drivers must be NADY members in good standing.

All users must have a physical disability requiring specialized equipment.

Anyone driving the van must have a valid G license and provide NADY with a copy of

their drivers license number and a drivers transcript.

The use of the NADY van is for the NADY recreation program, medical appointments in or out of town, family outings and the PAD-DLE program.

Anyone wanting more information

about use of the NADY van can call Dooley or Lucie at 705.497.3246.



NADY CHRISTMAS PARTY

NADY and Easter Seal families enjoyed a festive afternoon party at the Davedi Club Sunday, December 5th.

There was the Shriner Clowns, Music by Sarah and a great Magic Show by Joshua Sullivan.

The highlight of course was a visit from Santa himself. All children with special needs and their siblings under the age of 12 received a present. There were treats and refreshments to be enjoyed by everyone. A big thank you to everyone who helped with this event—

especially Judy Camirand who manages to organize a great party every year!





For the ninth year, NADY proudly joins the North Bay Rotary club for the Rotary4Kids radio telethon. In the past 8 years we have raised over \$600,000 for children with special needs. NADY children benefit from these funds whether it is through their participation in the recreation programs we offer or more directly through funding they receive for specialized equipment. This year Rotary has provided funds for children in need of bathroom equipment, seating and special trikes. Funds were also made available for families in need during out of town hospital trips.

Rotary is so proud that all the funds they raise stay in our community. They are proud too that because of the enormous volunteer efforts of their members, these funds are not spent on administration but go directly to help our kids.

NADY's contribution to the Rotary4Kids radio telethon involves having NADY children be ambassadors in our community. Some already have participated in interviews by the radio students at Canadore College. These interviews will be turned into vignettes to be played on the radio to make people aware of the upcoming radiothon. We will be calling on you to bring your kids to Northgate Square to do interviews with our new radio personalities, Kevin and Joel. For those children who were not interviewed, they are most welcome along with their parents to come to Radiothon headquarters at Northgate Square and meet Kevin and Joel. Their presence will provide great encouragement as they dedicate 53 hours of non-stop radio to raise funds for our kids.

It is important for our parents to realize that we would be unable to provide all the programs available at no cost to NADY mem-

bers, without the help of this fundraiser.

Please join the Rotary Club of North Bay and Kevin and Joel at EZ Rock to make this another successful radio telethon.

Our sincere gratitude goes out to the Rotary4Kids committee. They are responsible for organizing this amazing fundraiser. We also would like to express our thanks to the Rotarians who will answer phones during the 3 day event.

Children with special needs in North Bay are truly blessed to live in such a caring community.



THE NORTH BAY LIONS CLUB DONATES \$5000 TO THE PADDLE PROGRAM

Thank you to East End Variety for supporting the PADDLE program through the Nevada Ticket Sales .

They are located on the corner of Maher and Hardy Streets in North Bay.



The North Bay Lions Club made a donation of \$5000 to the PADDLE program which has 3 classrooms located within Chippewa Secondary School. The money donated will go towards the purchase of a SMART board which is an interactive white board that uses touch for user input. This technology will be used in a classroom setting for group lessons as well as individual and group activities that are educational and fun at the same time!

OTHER HAPPENINGS AT PADDLE

PADDLE is a community based, parent run program that is centrally located at Chippewa Secondary School. It provides ongoing life and learning experiences for individuals with developmental and physical disabilities once they are no longer able to attend school. This gives them the opportunity to continue learning and to remain active in the community. The program has grown from 7 to 23 participants since opening its doors 4 years ago.

The Near North District School Board has partnered with PADDLE by supplying a teacher for our academic/ computer room. Jason Berger is a great teacher and his students are thriving in a meaningful learning environment. Assistant coordinator, Emily has left PADDLE to have a baby. She had a baby girl, Lydia Rose, January 2nd.. Jen Milne is the newest addition to the staff and brings much experience and enthusi-

asm to the program. Acting Coordinator Kristy Blair and Jen are looking forward to expanding and building upon the opportunities that are currently offered at PADDLE. Ted Thomson from Assante Wealth Management recently donated \$1000 to PADDLE. It was a welcome Christmas gift. Also, John Miller from the Senior Men's Fastball Tournament donated \$1000. For more information go to: www.paddlenorthbay.com



Skating at Memorial Gardens is just one of the many community activities PADDLE participates in. Above are Laura with Shawn Venasse and Sabrina with Melissa Rutherford.

NADY HAS FUN AT ONE KIDS PLACE

The NADY Recreation Program has been taking advantage of the beautiful facilities offered at One Kids Place. Once or twice a month the Saturday program goes there to play in the gym, hang out by the wonderful salt water fish tank, play with games and puzzles in the foyer or use the outdoor play equipment (weather permitting). NADY Saturdays have also been spent swimming at the YMCA and having fun at Calvin Church doing a variety of activities, such as cooking and crafts.

The spring schedule will be posted on the website by the end of March—www.nady.ca.



Thanks to Mac's Convenience Store on Lavery Street for their continued support to NADY through the Nevada ticket sales!



Active Kids with Autism: The Inclusion of Children with Autism Spectrum Disorders into sports and Recreation Programs

What: Learn about Autism Spectrum Disorders (ASD) and how to successfully include children with ASD into your program.

When: Wednesday, April 6, 2011 from 9:30 until 12:30

Where: West Ferris Arena (upstairs), 42 Gertrude St. E. North Bay

Registration: Call 705.476.2293 x 1290 or email Kelli at autismnorthbay@gmail.com

This practical information for coaches, facilitators, managers, volunteers & leaders is free!



The Nipissing-Parry Sound District Catholic School Board, Special Education Advisory Committee will be hosting the annual Carousel Evening workshops on May 19th. The keynote speaker will be Dr. Sheila Bennet. There will be 8 to 10 workshops in total and one on RDSP. To learn more, contact:

705.472.1201

Email: contact@npsc.ca

TRICYCLE—FREE TO A YOUTH WHO CAN BENEFIT FROM IT!

An adjustable tricycle, suitable for children 12 or older is available at no cost to any of our members who would benefit from using it. It has an adjustable back rest, mov-

able seat and handlebars. If you are interested please call Lucie at 705-497-3246.



Pictured is not the actual bike.

NADY MEMBERSHIP RENEWAL

This is a reminder to renew your NADY membership for 2011. For insurance reasons, you need a current membership for your child to participate in any of our programs.

Brian Trivett
Nipissing Association for Disabled Youth
A29-400 McKeown Ave.
North Bay, ON P1B 0B2

siblings, complete with birthdates. Only the child with special needs qualifies for our programs with the exception of the annual NADY family picnic and Christmas party.

If you have not renewed, you can download the form from the NADY website, fill it in and mail it to:

Individuals over the age of 18 need to obtain their own membership. Family memberships should include both parents names and the names of all

OVERPROTECTING SPECIAL NEEDS CHILDREN IS NOT ALWAYS A GOOD THING

"Overprotection often causes more handicap for a disabled child than the underlying health condition itself. ... Your overprotection is magnified by your anxieties, fears, and often by an unwarranted sense of guilt. These are normal reactions, but they may de-

prive your child of the rewards of having tried and been successful." – from Seizures and Epilepsy in Childhood by John M. Freeman, MD, and others •**REFLECT:** Do I give my child enough space to try and succeed, or even fail and learn? Is my protectiveness

necessary for safety and security? **RESPOND:** Try to find one area of your child's life in which you could step back a bit and offer a little more freedom; a special-needs [sports league](#) or [summer camp](#) might be good starts.

L'ARCHE—NORTH BAY

What is L'Arche?

L'Arche is an international organization of faith-based communities creating homes and day programs with people who have developmental disabilities. As a service organization, L'Arche espouses a "community model" of living, rather than a medical or social service model of care. As a faith-based organization L'Arche recognizes the spiritual and religious needs and aspirations of its members, and respects those who have no spiritual or religious affiliation. Our community and

faith life inspire us to be open to people of differing intellectual capacity, social origin, religion, race and culture. At L'Arche, people with disabilities, and those who assist them, live together and are equally responsible for the life of their home and community.

"Community" forms whenever we discover that we are interdependent and that every person has gifts to contribute to us and we to them.

L'Arche North Bay, has 13 core members. They have 3 homes nestled within community neighbourhoods:

- **Kara Foyer**, who's residents are looking forward to moving into two new homes this spring.
- **Manu Residence**
- **Cam's Place**

To learn more about L'Arche you can call 705.474.0081 or check out their website at www.larchenorthbay.ca



COME OUT AND PARTICIPATE IN L'ARCHE'S ANNUAL WALK-A-THON!

Spring is in the air and L'Arche's annual Walk-a-thon is just around the corner—Saturday, May 7th. Registration is at 10 am with the walk commencing at 10:30 am. Meet every-

one at the Rotary Gazebo (nearest the band shell). Proceeds from this event will go toward the purchase of a wheel-chair accessible van.

Come out and participate, enjoy the social interaction of some very special people and use this as your opportunity to support L'Arche North Bay!



